The CAROLINA FARMER

JULY, 1965

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SLIDE THEM OUT— SPONGE THEM CLEAN AT THE RANGE OR AT YOUR SINK

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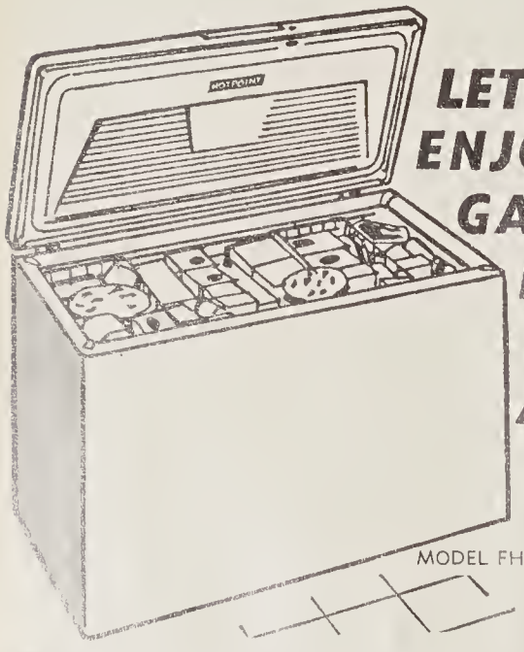
You can get these Hotpoint features in this new electric range model RC440-F — and it actually costs less than you'd expect to pay for many "scour-and-scrape" models.



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The CAROLINA FARMER
Vol. 20, No. 7, July, 1965

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COVER—This marks the first time we've ever had a full color photo gracing our cover. Just to make sure you noticed it, we went all the way. As the photographers say, you can't find subjects more irresistible than kids or animals. So why not both? For more about the new look this issue, see The Front Porch on the next page.

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THE CAROLINA FARMER IS PUBLISHED MONTHLY BY TARHEEL ELECTRIC MEMBERSHIP ASSOCIATION, INC. SECOND CLASS POSTAGE PAID AT MEMPHIS, TENN. 38118. EDITORIAL OFFICES, SUITE 914, FIRST-CITIZENS BANK BUILDING, RALEIGH, N. C. 27601. POSTMASTER, SEND FORM 3579 TO BOX 1699, RALEIGH, N. C. 27602. SUBSCRIPTION PRICE 60¢ PER YEAR. PUBLISHED MONTHLY AT 3781 LAMAR AVE., MEMPHIS, TENN. 38118. CONTENTS COPYRIGHTED 1965 BY TARHEEL ELECTRIC MEMBERSHIP ASSOCIATION, INC.

SEEKING FULL DEVELOPMENT

Elsewhere in this issue there is a story outlining the status of several multi-purpose resource development projects.

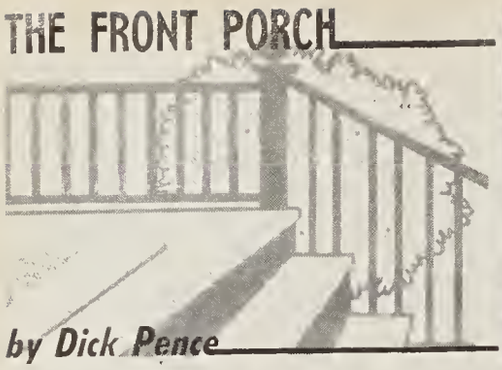
The position of North Carolina's electric co-ops with reference to those developments—and others—bears repeating. They long ago adopted a policy calling for the fullest development—including the production of power—of the nation's river basins. They have fought not for hydroelectric power alone; they have fought for the benefits that come from flood control, pollution abatement, water supply and recreational facilities.

Though the primary interest of electric co-ops is admittedly in power supply, they are concerned for the proper planning and development of everything upon which the welfare of our society necessarily depends—highways, schools, land space occupation, industrial growth, agri-business, recreation and health facilities, low-cost utility service of all kinds. Cooperatives—owned and controlled by local people—must be concerned with these things.

Unfortunately, the power companies of this state have always opposed full development of our river basins—especially when that development might include some hydroelectric generation. And one has only to view North Carolina from Murphy to Manteo to see just how successful they have been in opposing full, multi-purpose development by the federal government. Other than TVA dams, one looks in vain for *any* government-owned generation of hydroelectric power in this state.

This makes North Carolina unique in the Southeast and, for the most part, in the nation. North of us, south of us and west of us, governments—both federal and state—have at least shared in developing hydroelectric resources.

In the long run, this uniqueness can only be a burden on our citizens. This state's electric co-ops will continue working to the end that all of North Carolina may benefit from true multiple-purpose resource development.



Something old, something new...

I WAS ALL set to tell you that this month's CAROLINA FARMER is a lot different than any of its ancestors. Then I spent a few hours paging through back issues and found out it isn't so.

I was going to say that this issue is the first ever printed entirely on coated ("slick") paper—but I found two issues in 1951 that also were.

Then I wanted to brag about how this is the first time you've seen full color in THE CAROLINA FARMER. This *is* the first time we've ever had *four*-color photos, but in May, 1960, we had a three-color cover.

THE CAROLINA FARMER tried just about every format during its early years. Vol. 1, No. 1 (June, 1946) was a magazine with a separate, heavier cover—much as last month's. For 14 issues in 1952-53, the publication was a tabloid newspaper (half the size of an ordinary newspaper page). Other than then it has been a magazine—ranging in size from 9 by 12 inches down to 8 by 10 inches and sometimes with a seperate cover, sometimes not. From October, 1953, until last month, the format was the same.

The size is still the same, but the paper is now different—and we've added four-color printing as a regular feature.

WHILE THE CAROLINA FARMER has changed formats often, its been a bit more judicious with editors We're two issues into our 20th year and there have been but four editors. And all remain active in rural electrification.

The first editor was J. E. Nicholson—from June, 1946, through December, 1951. Since then he has been manager of an electric co-op in Pennsylvania.

Jerry Anderson, editor from June, 1952, through September, 1956, is now executive assistant to the general manager of the National Rural Electric Cooperative Association.

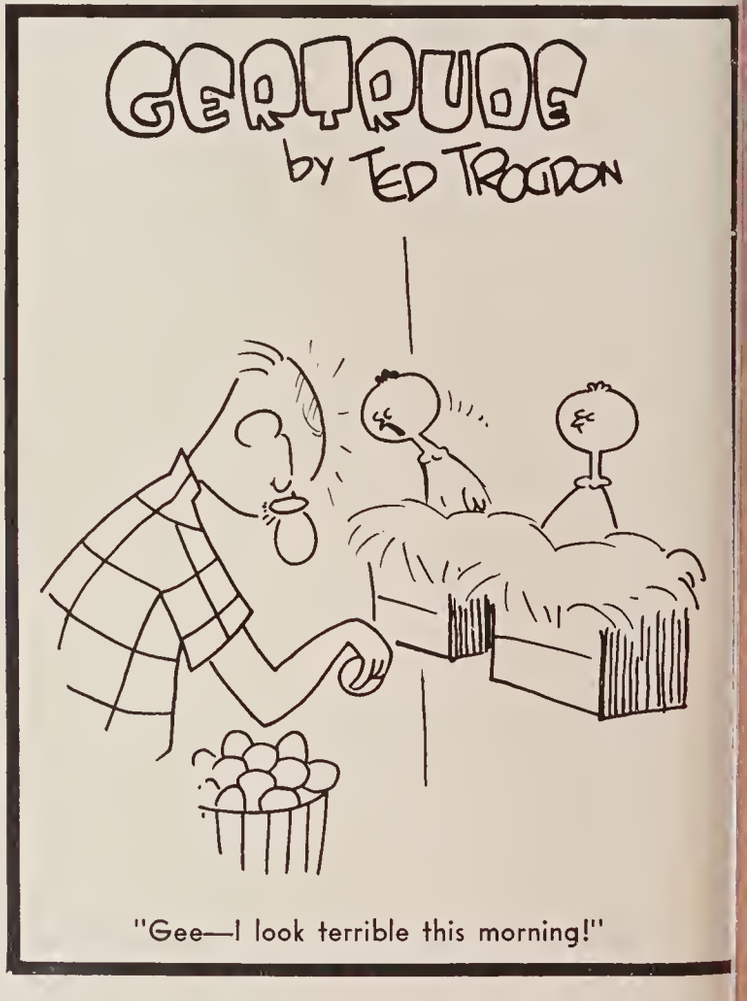
Next came J. C. Brown Jr. (October, 1956, through July, 1961), now executive manager of Tarheel Electric.

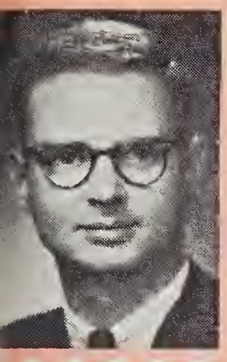
Service to rural electrification is a characteristic of your former editors. Between the three of them they have been employed in some phase of the electric co-op program a total of nearly 40 years. And two of them have carried this service well beyond the borders of the United States. An item on this page outlines the activities of Nicholson with a South American co-op. In April we carried an article saying that Anderson was in Vietnam helping to bring rural electrification.

To those who helped build THE CAROLINA FARMER and who continue to work on behalf of rural people everywhere, we dedicate this "new" magazine.

AID for South America

TWO NORTH CAROLINIANS are among those who have been helping to build rural electric co-ops in South America. Joseph E. Nicholson, former editor of THE CAROLINA FARMER, and W. C. Carlton, manager of Carteret-Craven Electric Membership Corporation in Morehead City, have just returned from South America after a three-month effort to organize one rural electric cooperative each. Their projects were the results of a nonprofit contract between the Agency for International Development (AID) and the National Rural Electric Cooperative Association. Nicholson is presently manager of the Jefferson Electric Cooperative in Brookeville, Pa.





TARHEEL RURAL LINES

reports on events of importance to rural electric co-op members/by J. C. Brown Jr.

RURAL ELECTRIC CO-OP members suffer some disadvantages in the industry, but one unique and overwhelming advantage they enjoy is the certainty that the price they pay is the actual cost of service.

Many consumers of 28 of North Carolina's electric membership corporations received tangible evidence of this fact last year when their cooperatives distributed checks totaling $2,143,675. Through 1964, 29 EMCs have refunded $6,339,233 to members.

Over $6 million has been refunded

This is capital which members in the earlier years of operation allowed their cooperative to use to help build the system and repay REA loans. At the end of every year, the co-ops calculated how much more money they received than they paid out to serve their members. Members who had shared in the cost of operations were credited on the books with their proportionate share of the "margins," or income in excess of expenses. They were issued notices which informed each member how much capital he had furnished his cooperative.

★

AS NEW MEMBERS move onto the system, and as the financial condition of the cooperative improves, there is created a "revolving fund," through which new member-furnished capital is retained and capital contributed by the members of earlier years is returned in cash. Some of the cooperatives have retired capital credits only to the estates of deceased members. Others have made refunds to the general membership.

'Revolving fund' is created

Ideally, in a cooperative, rates would reflect precisely the cost of service, and there would be no necessity of refunds; but actual operating costs are impossible to determine in advance. Prudent boards of directors try to set the rates high enough to insure that your cooperative won't go into the red, but not as high as to inhibit your use of the service. In recent years, there has usually been a margin at the end of the year—despite periodic rate reductions. The capital credits plans are a fair means of assuring that members share in the benefits of the margin proportionately to their use of the service.

★

IF YOUR COOPERATIVE has not had a general refund of capital, it likely is an indication that it has kept rates so low that it has accumulated very little excess of income over expenses. This doesn't necessarily mean that your co-op's rates are low compared to those of another supplier, although it might mean that.

Best service at the lowest cost

It is almost invariably true that given the same service area and same circumstances, no other supplier could serve you any better or at lower rates, for your co-op serves you at cost.

PHOTOS: N.C. DEPT. OF CONSERVATON & DEVELOPMENT

TVA's Fontana Dam is one of few federal developments in North Carolina.

What's happening in water resource development? A roundup of activity in North Carolina and nearby.

OUR WONDROUS WATER

By DICK PENCE

When it comes to water resources, North Carolina presents a unique contrast. Our state is blessed with river systems that provide countless opportunities for comprehensive development. Yet, if you were to search a map of the state's federal hydroelectric developments, you would find almost nothing.

In the far west, the Tennessee Valley Authority has some hydroelectric dams, including the giant Fontana Dam. But their benefits flow into neighboring Tennessee. At the north, just into Virginia, stands Kerr Dam, which does benefit North Carolina power consumers.

Other than these dams, there is no federal hydro development in North Carolina. The lack of federal facilities is extremely important to you as an electric co-op member. Just how important can be shown by results at Kerr Dam.

Nineteen North Carolina co-ops buy some of their wholesale power from the Kerr project. Its capacity is more than 200,000 kilowatts. Of this, some 45,000 kilowatts are available to North Carolina co-ops. Since 1956, by buying from Kerr, these 19 co-ops have saved millions of dollars in wholesale power costs—and are now saving at an annual rate of $250,000 to $300,000. Because wholesale power is the biggest part of your electric bill, you can see what this means to your pocketbook.

The result is the same with another federal project nearby. Five North Carolina EMCs which buy power from Hartwell Dam on the Savannah River have saved some $167,000 in each of the past 2 years.

Not only are these projects important because of the money they save wholesale customers such as co-ops and municipalities, they also provide a yardstick against which private power company rates can be compared.

This yardstick is what Franklin D. Roosevelt described as "a birch rod in the closet"—a comparsion that supplements regulation of the companies. In many cases it is this competition by example which compels the private power companies to lower rates. And it works, too. If you check the rates of companies around TVA or in the Pacific Northwest—where there is much federal power—you find that the private companies have lower rates than elsewhere. In the Northeast—where there is little or no federal development—electric rates are much higher.

Clyde Ellis, general manager of the National Rural Electric Cooperative Association, has noted that the percentage of federal power projects to the total electric capacity of this country has now fallen to 12.7. He maintains that the federal portion of the electric yardstick should approach 20 percent if the yardstick is

to be effective.

This means the federal government will have to step up its development greatly. Just to have 15 percent of the nation's electric capacity by 1980 will require plants which can produce 79 million kilowatts. Right now federal projects have a capacity of 26 million kilowatts.

Across the nation, electric co-ops have been leaders in pushing for hydroelectric projects as a part of full river development. Besides providing a yardstick, power can repay a large part of the government's cost in developing a river.

North Carolina's co-ops have been as active as those in other areas. However, strong power company influence has so far kept federal power development out of our state. Right now, though, several projects under consideration—some in other states—could benefit North Carolina power users. Here's a quick rundown of some of them:

THE NEW RIVER

THE NEW RIVER, a tributary of the Kanawha River, drains a portion of North Carolina before winding through Virginia and into West Virginia. The Kanawha and its tributaries could be important sources of power. The Corps of Engineers has said that "probably nowhere else in the Eastern United States does there exist a river system having so large a drainage area with so much total rainfall that has such a major portion of its water-power undeveloped."

Development of the Kanawha River basin has been a going federal concern since the mid-1930s. In 1936, based on a Corps' recommendation, President Roosevelt issued an executive order authorizing Bluestone Dam on the New River in West Virginia. His order called for both flood control and power production to be features of the development.

When the dam was built, provision was made for generating facilities to be added later. Generation won't be feasible until one or more dams are built upstream to relieve Bluestone of the complete burden of flood control storage.

Later in the '30s a federal multipurpose project was authorized at a site called Moore's Ferry, just north of the Virginia line near the northwest corner of North Carolina. But no action was taken until 1961, when a committee of the U.S. House of Representatives instructed the Corps to restudy the Kanawha River, having particular regard for the feasibility of building a flood control-power dam at Moore's Ferry. Such a dam would enable power to be produced at Bluestone, also.

That's when Appalachian Power Company (a subsidiary of American Electric Power Company, the largest power holding company in the country) went to work in an effort to prevent federal power production. Early in 1962 it filed a request with the Federal Power Commission for permission to study the Moore's Ferry site prepatory to applying for a hydroelectric license there.

Boating at Kerr Reservoir. Recreation is just one of the many benefits of full development of water resources.

North Carolina Electric Membership Corporation, the power bargaining arm of the state's electric co-ops, intervened to oppose issuance of the permit. Its opposition was based on two points: (1) Prior federal authorization had stripped the FPC of authority to issue a permit or license; (2) Even if FPC did have such authority, it should recommend to Congress that it authorize the project for federal development.

The permit was granted, but not without a go-slow warning. The FPC told Appalachian to be certain that its proposed project was compatible with the public interest.

The Moore's Ferry project would be located in Virginia, but would back up water in Ashe and Alleghany counties in North Carolina. Considerable territory served by Blue Ridge EMC would be inundated.

Under federal law, Appalachian must have permission of the Virginia Corporation Commission before it can get an FPC hydro license. This permission was given after a hearing at which the company was opposed by electric co-ops in North Carolina, Virginia and West Virginia.

Meanwhile, Appalachain has filed an application in West Virginia to put a generating plant in the federal dam at Bluestone. It also has filed with the FPC for licenses at Moore's Ferry and Bluestone. →

Lake Norman, one of many private power company hydro projects in our state.

Intervening before the West Virginia commission and the FPC opposing the granting of licenses were Harrison Rural Electric Co-op of West Virginia; Mecklenburg Electric Co-op, Chase City, Va.; Blue Ridge EMC of Lenoir; Old Dominion Electric Co-op, a statewide bargaining co-op in Virginia; and North Carolina EMC.

SAVANNAH RIVER

THE SAVANNAH RIVER and its tributaries form the border between South Carolina and Georgia. From its headwaters in North Carolina to the Atlantic Ocean, it drains 10,580 square miles in the three states.

One proposed hydroelectric project on the river will be up for Congressional approval again this year—after being twice turned down. If authorized, the project—called Trotters Shoals—would be the third multi-purpose dam in the comprehensive development of the Savannah.

Trotters Shoals is located in the headwaters of Clark Hill Reservoir and would back water up to Hartwell Dam. Much of the power generated at the site—a potential capacity of at least 310,000 kilowatts—would be available to North Carolina co-ops. In addition, with pump storage, the installation would be 600,000 kilowatts. And if Trotters Shoals were built high enough, pump storage could be installed at Hartwell — adding another 145,000 kilowatts of dependable power.

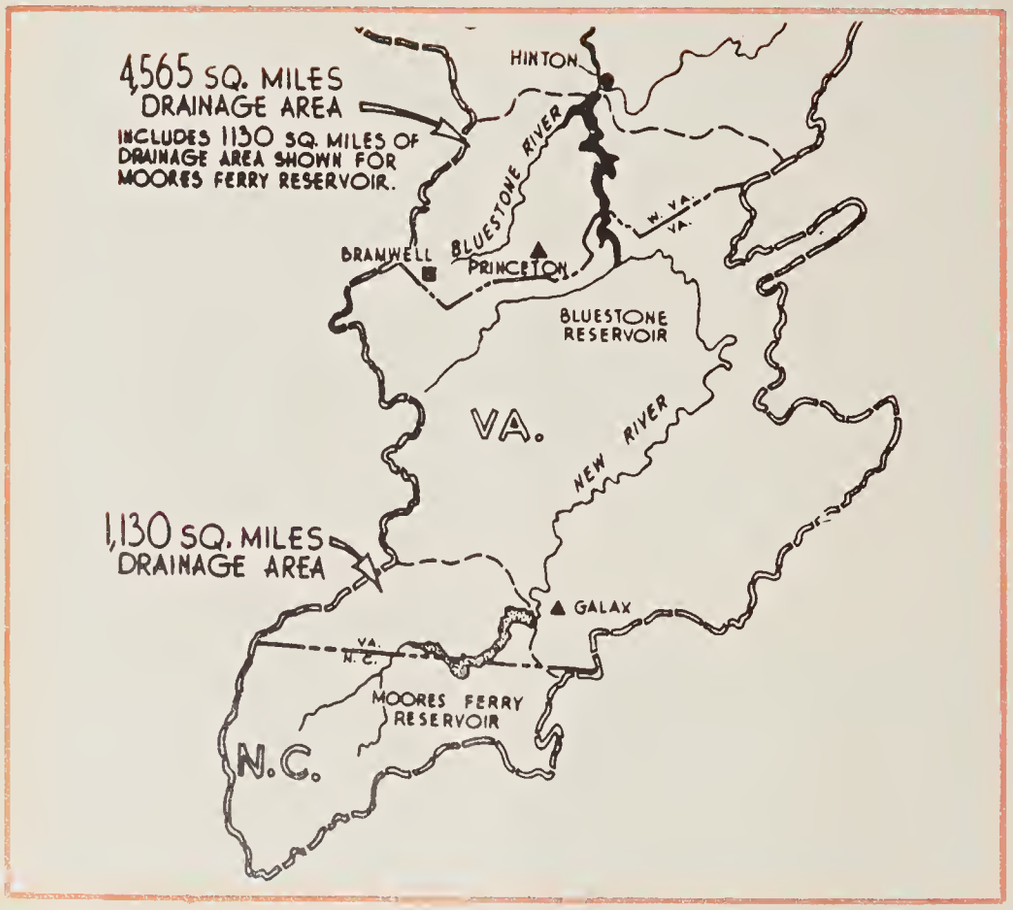
Electric co-ops in the three states have been asking that the high-level dam be built. However Duke Power Company has been battling the project on grounds it will not allow the company to build a proposed steam plant on the Savannah.

Stories from Washington have indicated that Trotters Shoals may get Congressional approval this year—but not at the high level. Apparently Duke thinks the lower level would allow it to build a diversionary dam for its steam plant and has lessened its opposition.

Meanwhile, controversy involving Duke has also popped up with regard to the Keowee River, an upper tributary of the Savannah. Tri-State Power Committee, composed of electric co-ops in Georgia, North and South Carolina, is questioning development by Duke of sites on the Keowee. The committee says that Congress has approved a plan of development that contemplates federal construction on the Keowee and that Duke has not shown how its projects would affect downstream projects.

The committee asks the FPC to investigate to make sure the proposed Duke projects are compatible with full development of the Savannah. If not, the co-ops say the government should develop the sites.

The Department of Interior has also intervened in the Keowee case. It has asked the FPC for time to study the Duke proposal to see how it would affect over-all development.



The Kanawha River drains part of North Carolina. Note sites of proposed dams.

YADKIN-PEE DEE

THE Corps of Engineers earlier this year conducted hearings aimed at getting local opinions prior to a restudy of possible development of the Yadkin-Pee Dee River basin.

This river system drains some 17,860 square miles—much of it in North Carolina. W. Kerr Scott Reservoir—with no power facilities—on the Yadkin is the only existing major federal project in the basin. The 13 hydro dams in the basin are all owned by private companies.

There still is an appreciable hydro power potential in the basin, however. Five sites have a potential of more than 50,000 kilowatts each and another three have more than 10,000 kilowatts each.

At the Corps hearing many prominent North Carolinians urged that any study of the basin should include a look at the power potential —a move strongly opposed by Duke Power and Carolina Power and Light.

The next step for the Yadkin-Pee Dee is completion of the Engineers' study, which may take 2 years.

CAPE FEAR

THE HYDROELECTRIC power potential in this river basin is more than 170,000 kilowatts of installed capacity, capable of producing 4 million kilowatts a year. According to the Corps, no power is included in the authorized dam at New Hope because of opposition to a higher dam, but other sites could be developed with power. Next steps in basin development will probably be at Randleman and Howard Mill. N. C. EMC has asked the Corps to study power inclusion in both of these projects. ■

By ARCHIE HATHCOCK

The back yard of the Nance home gets more attention than the front.

Electric Heat Pump Helps

Lake Home Beats All Weather

BUFFALO LAKE in Harnett County covers around 100 acres with clear blue water which would otherwise be covered with scrub oaks and white sand.

Even with the water present, the reflectivity of the white sand on a sunny summer day can "make you sizzle." And in the winter the breezes from the lake can "chill you to the bone."

For T. F. Nance and many of the other 50 or so residents who have built homes or cottages around the lake these conditions meant that some comfort needed to be manufactured. Nothing, decided Nance, could more conveniently provide his family with comfort during these temperature extremes than the versatile electric heat pump which cools in the summer, reverses its cycle, and heats in the winter.

So the Nances went all the way and built their home to the Gold Medallion Home specifications adopted by Central Electric Membership Corporation, which furnishes the Nances with electricity. A Gold Medallion emblem at the front doorway signifies that the home is heated and cooled electrically and that all appliances are electrically operated.

Planning Dream Home

When this "dream home" was being planned, the Nances talked with Reid Harris, manager of their electric cooperative, concerning the heating and cooling and the amount of insulation recommended in order to qualify their home for the Medallion emblem. In fact, Harris' assistance was sought throughout the construction stages of the home. And the Nances are sure that they're much more pleased than they might otherwise have been.

Although many of the other homes built around the lake are used only on weekends, the Nance home was built for around-the-year occupancy. It has about 1,800 square feet of living area of the upper and lower living levels. The space comes in handy, for it's not uncommon for the Nances to entertain a dozen or more guests for the weekend. In fact, their house was built with that in mind.

As you might expect, when the

Buffalo Lake is well stocked with bass, bream and crappie—a fact the two Nance boys, T. F. Jr. and Jerry Lee, take advantage of every chance they get.

Nances built their house 4 years ago they gave as much attention to detail in the back as they did to the front. The back—or side facing the lake—is where they spend most of their free time.

They've beautifully landscaped their yard and there's a concrete patio just outside the kitchen where an outdoor grill is handy for cooking out. A boathouse straddles a cove and through it runs a continuous stream of water from one of the many springs that feed the lake. The lake has been amply stocked with bass, bream and crappie — something the two Nance boys, T. F. Jr. and Jerry Lee, take advantage of at every opportunity.

Easy access from their boathouse to the lake is one of the features the Nances enjoy. One of many springs that feed the lake runs right through the boathouse.

The Nances built their home to live in— not to vacation in.

The house is constructed so that the Nance's can take full advantage of the magnificent view of the lake and its surroundings. Plenty of window area and sliding glass doors afford them an unobstructed view. The upper level consists of a living room, two bedrooms, a utility room, study and bath. A screened porch and carport adjoin the upper living level. The lower living level contains a kitchen-den combination, three bedrooms, a bomb shelter, bath and a utility room where the heat pump is located.

Bream for Breakfast

In this Medallion home the Nances have those things which afford them the latest in modern living, and yet it's away from the pace and noise of the city. The sound of a bass breaking the water for a fly doesn't irritate the Nances one bit. It's the kind of place where you want to be out by daylight and land a half dozen bream for breakfast.

The Nances lead busy lives and they feel they're entitled to enjoy their time off from work. Mrs Nance is a school teacher and T. F says he's "semi-retired," but he'd have a difficult time convincing anyone of that if they watched him in operation for an hour or so.

Nance was owner of Nance Vending Service until a couple of years ago. He sold the company and started doing some of the things he's always wanted to do. He has an office in Moncure and is currently working on land development projects near the New Hope damsite in Chatham County. He recently became a dealer for a major manufacturer of outboard motors and chain saws.

Actually, he retires only at night in the comfort of his all-electric home. ■

The pole and meter are in North Carolina, but this mountain home is in Virginia.

The Simple Things . . .

By ALLEN PAUL

The Twentieth Century marched right on by Barney and Clyde Osborne—until it decided to back up and let them aboard. Now, for the first time, they have electricity on their Virginia farm—from a pole that's 275 feet away in Ashe County.

THE PARADE almost passed them by. For more than a decade the Twentieth Century's vast technology marched across the land of the mile-high sky, but somehow it missed Barney and Clyde Osborne of Whitetop, Va., and they knew it. They also knew it wasn't their fault.

Not that Barney and Clyde expected a lot. Just the simple things. The things modern man has come to take as much for granted as his natural birthright of trees and air and mountains and sea. The simple things . . . an electric light.

A Light

"We'd almost given up hope of ever getting lights up here," said Barney, a hardy mountaineer and former lumber-camp cook. "It's a little things a lot of folks don't properly appreciate."

His wife, Clyde, put perhaps a million moments of waiting into five words: "We were getting awfully disgusted."

But the lights did come—after the house was 50 years old and they had lived in it 25 years, most of that time hoping it soon would be lighted electrically.

Blue Ridge Electric Membership Corporation brought lights and the Twentieth Century to the modest mountainside home of Barney and Clyde Osborne this spring. It did so despite the fact that the house is 275 feet in Virginia, where the co-op is not chartered.

A Few Feet

So the meter was put on a pole in Ashe County, North Carolina, and Barney bought the wire that carried electricity the final 275 feet. After years of waiting only five pole lengths away from a power company service point on the Virginia side of the mountain, the lights had come.

There was no trace of bitterness in Barney's voice when he spoke about waiting: "The power company man came up here one time to talk to us, but the longer he talked the longer he came from putting the lights in. One of my neighbors offered another time to get one of their men to come talk to us, but I told him I didn't want to mess with them anymore."

So this spring Barney asked one of his neighbors to drive him to West

'It's a little thing a lot of folks don't properly appreciate . . .'

Jefferson to the district office of Blue Ridge EMC to apply for service. The application was approved. The house was wired on a Tuesday, the wiring passed inspection on Friday and the cooperative was serving a new member the next Monday.

New Member

A new era had come and Barney and Clyde were ready to celebrate its arrival. They didn't mind at all when the neighbors kidded them about leaving the lights on all night the first night. "It might have looked like it," Clyde said, "but really we went visiting."

A Blue Ridge EMC Service crew perhaps will never enjoy a better meal than the one Clyde prepared the day the connection was made. It included sausage, scrambled eggs, mashed potatoes, beans, potato salad, cucumbers, biscuits, egg custard and chocolate pie.

"I could have done better by them," Clyde said wistfully, "but I didn't know they were here until 10 o'clock."

Later the couple went on an appliance shopping spree that included the purchase of a refrigerator, iron, radio, wringer washing machine and electric coffee pot.

"We won't get an electric stove as long as Barney can find plenty of wood," Clyde said. "I love to cook on a wood stove . . . somehow the food seems to taste better. The other appliances are wonderful. I can wash clothes now and it doesn't seem like I've done a thing. I used to have to heat irons on the wood stove." And the refrigerator means there will be no more trips to the spring where they used to keep milk and other perishables.

Washday is easier for Mrs. Barney Osborne now that she has an electric washer.

The Porch

The Osbornes are finding life a bit easier now. The mile walk to Nellie, where the nearest store is located, probably doesn't seem quite as far. It's good "walking country" anyway.

Their front porch almost seems to be the spot where the sky spills a sea of pale blue mist over the mountains. The burley tobacco and corn Barney raises on this 23 acres in Virginia and 16 acres in North Carolina are coming along fine.

"It's a little bit rough up here, but we don't get lonesome," he said. "There's always a good breeze. One thing the appliance man will never sell us is an air conditioner."

COLOR PHOTO COURTESY OF GENERAL ELECTRIC

Take the guesswork out of cooking . . .

...with a new electric range

THERE'S NO doubt about it—experience is still the best teacher when it comes to cooking. But in this day and age, becoming a good cook can take many less years of practice than heretofore. Today, recipes include accurately measured ingredients, give explicit cooking directions and, with the use of modern ranges' measured heat, assure success. Yes, cooking's now a scientific as well as a creative art.

Any woman with even a modicum of interest in food can turn out good meals every day of the week. Dozens of sources are available: women's magazines and newspapers do an outstanding job in telling how to turn ordinary food into specialties of the house. These recipes are handsomely illustrated in color to show you just how the finished dish should look and be served. Cookbooks of all sizes are on the market, ranging from everyday family meals to exotic dishes from every region in the world. Television food personalities show you how it's done, and food and equipment manufacturers' own advertising and booklet material are crammed full of good ideas.

The crux of good cooking techniques lies in working with good modern equipment. You can, of course, struggle with an old, hard-to-regulate range, but then results are too often on a trial-and-error basis. It's the automatic measured heat of modern electric ranges that makes cooking easier and gives the same results every time. Here's how the new 1965 electric ranges with accurate heat controls take the guesswork out of cooking.

Bake with uniform heat temperatures. You can choose the heat specified in your cake, bread, biscuit, cookie recipes and know for sure it will be held at this temperature. Only electric cooking doesn't require a supply of oxygen, which so often causes fluctuations in air currents. All six sides of an electric oven are heavily insulated to keep heat at a constant level and to keep your kitchen cool. Because of this you can use a favorite recipe again and again and know you'll get the same good results each time.

Roast with an automatic meat cooker. The even heat plus an automatic meat thermometer to register the internal temperature of meat will turn out roasts just to your liking, without guesswork or fork-probing, then signal you when it's done.

New models go even a step further and now an automatic cook-and-hold control roasts the meat, then switches to low, holding heat until the family or guests are ready to eat. The roast is held serving-hot, without further cooking or danger of drying out.

One '65 electric range offers a new automatic meat tenderizer—it turns economy cuts into tender succulent roasts by starting off at the regular temperature of 325 degrees F., then switches to lower heat for long, slow tenderizing.

Broil with direct radiant heat. Today, you no longer need to shift racks in an electric oven when broiling. Automatic variable heat broiling for different thicknesses and cuts of meat can now be adjusted with the turn of a single dial. One new model has a broiler rack that can be raised or lowered with fingertip control. Another new one broils meat on both sides to sear top and bottom simultaneously; it seals in the juices, cuts cooking time in half, and eliminates manual turning.

Broiling's made smokeless in modern electric ranges with the use of special anti-spatter broiler pans; a broiler unit covered with glass to prevent spattering of grease; by forced ventilation; filter or outside venting.

Barbecue in the oven with an automatic motor-driven rotisserie spit. It starts the rotating, self-bastes and cooks the meat or fowl evenly in flavor-saving radiant heat. You can get single, double or triple spits.

You don't have to hover over your cooking—automatic timer controls on electric ranges do the watching for you. You can set the timer to turn the oven on or off at pre-set hours to cook a roast or whole oven meal while you're away from home. A minute minder—up to 60 minutes—calls you back to the kitchen if you're busy with other chores.

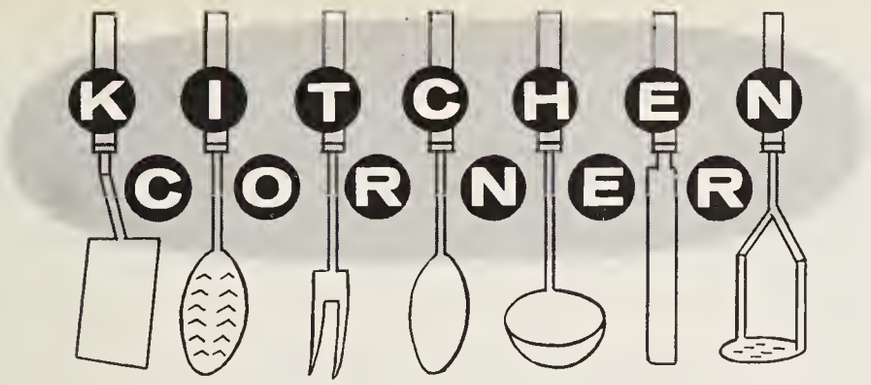
Modern electric surface units have measured or infinite heats to give you any temperature you need from "hi-speed" for a fast start to "keep warm" setting that holds food at serving temperature for hours. Here, too, you get automatic cooking with one surface unit thermostatically controlled to bring food to the correct cooking temperature and hold it there. You don't have to watch the pot to be sure that a stew is simmering and doesn't go up to a boil behind your back. This unit makes every pot and pan automatic and eliminates scorching or boiling over. Many of these units have heat patterns to fit the size of pans—small, medium or large to prevent needless waste of current.

Griddles can also be used on the thermostatic unit to cook automatically.

Electric cooking is in itself clean—there's no smoke to smudge pots and pans or to get on kitchen curtains or walls.

And cleaning the range has been made as effortless as manufacturers can make it. Many new models have ovens that have removable liners of teflon, foil or chrome or oven liners that pull out for easy cleaning. One oven self-cleaning innovation, now in several models in the line, burns off grease and spillovers at high heat. Oven doors lift off or drop down; oven elements lift up; racks pull out all for easier cleaning. One piece cooking tops come recessed to prevent spillovers. Even control knobs come off to make wiping of the back-splash easier. Reflectors and drip pans go to the sink for dunking; surface elements plug out or lift up.

Didn't we tell you it's easier today? ■



Real Punchy Ice Cubes

Here's a recipe we've been saving for the dead of summer. Almost two years ago Mrs. Julia Skinner of Lewiston dropped us a note saying: I suppose it is somewhat late in the season to be thinking about additional cooling drinks, but this recipe for "Fruited Ice Cube Punch" is so very refreshing, convenient for groups, and so easily stored for days or weeks."

We agreed with Mrs. Skinner and filed her recipe away. Somehow we slipped by it last year—but here it is this year.

Mrs. Skinner also wrote (in August, 1963): "My family consists of husband and one little boy 7 years old. I have been employed by the N.C. Department of Agriculture, Peanut Belt Research Station, in Lewiston for a little over 6 and a half years, as a secretary.

"I am at present the president of the Lewiston-Woodville Home Demonstration Club and also a member of the Lewiston Woman's Club."

The Skinner family is a member of Roanoke Electric Membership Corporation, Rich Square.

If you have a favorite recipe you'd like to share through this column, send it to: The Carolina Homemaker, P. O. Box 1699, Raleigh, N. C. If you have a snapshot of yourself, send it along, too. And don't forget to include something about yourself and your family: the size of your family, what pleases them most at mealtime, the clubs you belong to, the name of your EMC, and anything else you'd like to share with us.

CAROLINA FARMER RECIPE

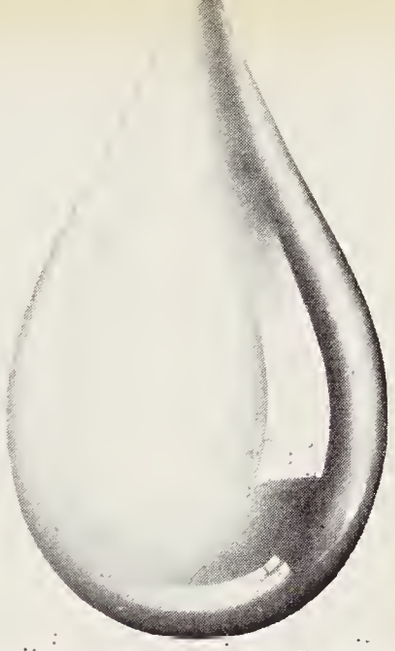
Submitted by Mrs. Julia Skinner
Lewiston, N. C.

FRUITED ICE CUBE PUNCH

1 cup lemon juice (fresh or frozen)	1 cup water
1 cup orange juice (fresh or frozen)	1½ cups sugar
1 cup pineapple juice (fresh or frozen)	4 quarts gingerale

Combine sugar and water in saucepan. Bring to a boil, stirring constantly until sugar is dissolved; cook 5 minutes. Cool thoroughly. Add fruit juices and pour into two ice cube trays and freeze.

To serve, allow two fruited ice cubes per serving and fill glass with gingerale. Serves 14.



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KITCHEN CHEER

Here's a bluebird to add cheer to those kitchen chores! Even if you're a needlework beginner, an apron is a simple project.

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Please send me without charge the pattern instructions I have checked below. I am enclosing a long, stamped, self-addressed envelope.

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Family FARE

By ERMA ANGEVINE

SOMETIMES a co-op needs a fresh point of view—a new experience to help it keep the enthusiasm that brought it into being. That fresh point of view may come from an unexpected source, even in a cooperative nursery school.

The parents of Johnny, a 4-year-old blind boy, asked to enroll him in the school. Several parents objected, but it was agreed to let him visit.

Before Johnny arrived, a teacher went among the playing children and said that a new boy was coming to visit. She told them, "He's a bit different because he can't see." The children listened and went on playing. When Johnny came, the teacher took him around and introduced him.

Another teacher described the nursery's tree house to Johnny and asked him if he'd like to climb up. Johnny eagerly said yes. The teacher didn't help him. Instead, she stood below and quietly encouraged him—describing each step. Everyone was relieved when Johnny made it to the top.

Johnny didn't need hovering protection or sympathy. He needed encouragement and love. He rode a bicycle, went down the slide and built in the sand.

The next morning, the teacher discussed their visitor with her charges. "How do you feel about Johnny?" she asked and was flooded with questions.

"If Johnny can't see, how can he do all the things he did?" "Will he be able to see some day?" "Why did he touch my face when you told him my name?"

THEN THE children played being Johnny. They closed their eyes and tried to tell one another by feeling faces and hearing voices. Some tried to walk with their eyes shut.

After a while they said they thought Johnny could feel, hear, touch, walk, run, play, sing, jump, hit, eat, cry, sleep, push and kick. He just couldn't see.

The next day when Johnny visited again, one youngster took him under her wing. She explained everything to him and when he hesitated, she urged him on. Johnny won everyone's heart. The children were the ones who decided he would stay.

Some of the mothers who shared the work of the co-op nursery didn't know whether to help Johnny or not. The children knew. They included him as a part of the group. Soon mothers and teachers were finding him just like all the rest.

One morning, a mother who had been vocal in her objections to having Johnny in the group, excitedly said, "Michael would never sleep with his door closed. He'd cry if I tried to shut it. Now he says to close it because he doesn't have to see. He can hear like Johnny."

Johnny, who couldn't see, brought a fresh, new viewpoint to the co-op. ■

What Do Boys Think Of Teenage Girls Who Smoke?

"I think it is very vulgar looking to see anyone smoke—male or female. I used to some until I got to noticing how awful others looked. So I quit because I figured I looked about as stupid as they did."

Stan Yarbro
Rt. 2
Vale

Stan is the son of Mr. and Mrs. Flay Yarbro, who are members of Rutherford EMC. Stan writes that he will be a junior at West Lincoln High School this fall.

★

"I believe not many boys would waste their time on girls who smoke. Most boys want a girl who doesn't choke on a cigarette all during the movie or sneak out during the dance for a smoke. Any girl who would waste her money on cigarettes must not value money. I definitely believe that the girl who smokes has a harder time getting a date with a respectable boy—and once she did, she probably won't get another."

Janice Newman
Rt. 7, Box 222-C
Mt. Airy

Janice writes: "I am in the eighth grade at Franklin Junior High. I am 13 years old. I enjoy good books, swimming and baseball. We are served by the Surry-Yadkin Electric Membership Corporation."

"Not very much. Or not as much as they would if the girls didn't smoke, because most boys don't want girls to have the same bad habits they have. They want the girls to be a little more straight morally. Although some boys might not mind, I think most of them can find more respect for a girl who doesn't smoke."

Johnell R. Richardson
Rt. 1
Middlesex

Johnell is 18 and a graduate of Richard B. Harrison High School. His hobbies are dancing, swimming and working on old cars. His parents are Mr. and Mrs. Kermit Richardson and their home is served by Wake EMC.

★

"I don't think boys like girls who smoke. Girls have a better complexion if they don't smoke. Smoking does nothing for a girl. It takes her money, her health and her reputation. Smoking makes a girl look tomboyish. And once you start smoking, it takes time and willpower to stop."

June Anderson
Rt. 6, Box 178
Mt. Airy

June's parents are Mr. and Mrs. Ervin Anderson, members of Surry-Yadkin EMC. She is 15 and will be a junior at North Surry High School next fall.

Teen ROUNDTABLE

If you have a good answer, send it to THE TEEN ROUNDTABLE, The Carolina Farmer, P. O. Box 1699, Raleigh, N. C. at once. Send a photo, too, if you have one, (we can't return it) and a few facts about yourself. Include your parents' name, and the name of the electric membership corporation serving you. If your answer is published, we will send you $5.

If you want to submit a question, send it along for our statewide panel to answer. For each question used, the sender will get a $5 check. Jot yours down and send it to us right away.

NEXT QUESTION

If a girl is using the family car to pick up her date, should she let her date drive?

The next question is from Wilmia Murphy, who will be receiving a $5 check from THE CAROLINA FARMER. Wilmia says she is a sophomore at Pleasant Grove High School and is the daughter of Mr. and Mrs. George Murphy of Rt. 2, Newton Grove. Her favorite hobbies are corresponding with pen pals, collecting photos and reading. Her home is served by South River Electric Membership Corporation.

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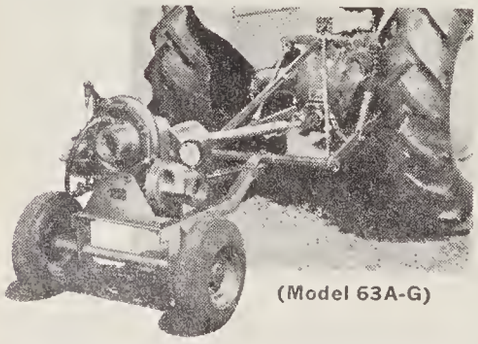

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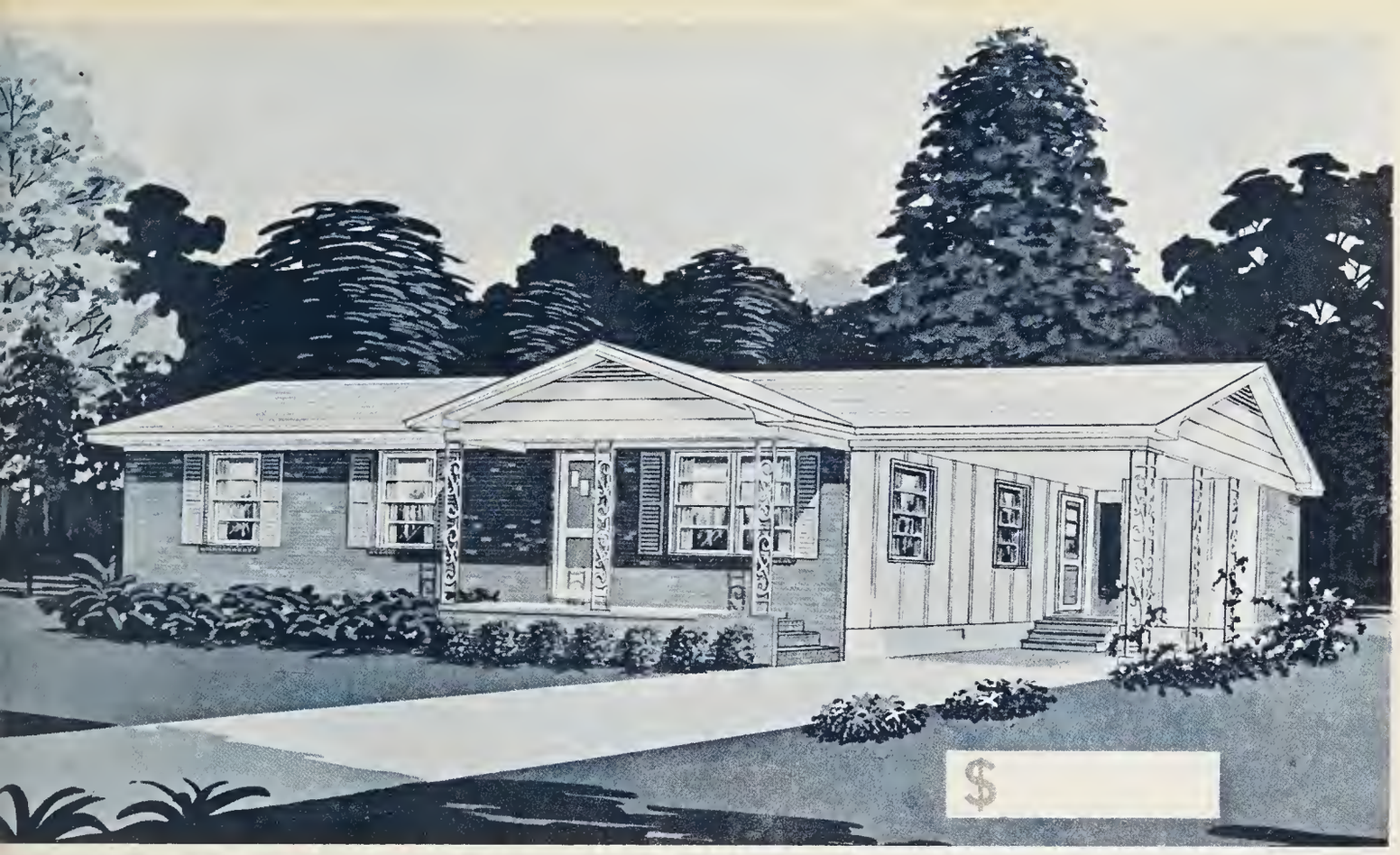

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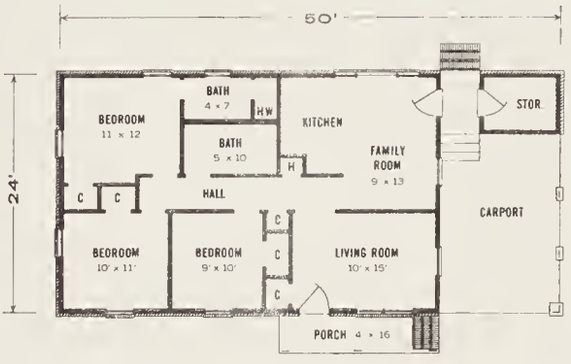

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RURAL ELECTRIC systems financed by the Rural Electrification Administration in North Carolina are repaying their loans at the rate of $497,945 per month. In 1964, these systems repaid $5,975,344 to the U. S. Treasury.

The 1964 payments, according to REA, bring total payments of the North Carolina borrowers to $71,656,088. This includes $40,488,303 repaid on principal as due, $20,777,627 paid in interest and $10,390,158 repaid on principal ahead of due date.

Total investment of REA loan funds in North Carolina is $139,856,258.

There are 33 borrowers of REA electric loan funds in North Carolina. They serve approximately 231,301 rural consumers from 45,326 miles of line. The 33 borrowers include 32 electric co-ops and the City of Greenville.

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AROUND THE HOUSE *by Archie Hathcock*

A 'School's Out!' Project

SCHOOL'S out! And summer vacations are just ahead. It's a nice thought for millions of youngsters, but it brings on more responsibility for parents who have the children more hours of the day.

It's a good time for all parents to give their sincere and wholehearted support to a campaign being launched to get every owner of a discarded icebox, refrigerator or food freezer to render such attractive hiding places harmless.

During the last few years nearly 00 children, ranging in age from to 12, have died in abandoned airight boxes. They simply suffocated when the small amount of air in heir "prisons" became exhausted. There was no way to get out. No ne could hear their calls for help.

Why did they get in? For several easons. Some were just exploring r hiding from other children. Others were put into the boxes as art of a game. A few were locked n by older children who just wantd to scare the younger ones. Unortunately, many were released too ate or were entirely forgotten as play shifted to other places or more exciting games.

About 3 million refrigerators and freezers are abandoned yearly in vacant lots, on back porches, in basements or other locations. There is only one sure way of dealing with them—remove the doors and tops, or at least take off the latches. Removing doors and tops is best because small, panicky children find it impossible to lift the heavy door of a chest-type freezer or to open the door when the box is lying on its back even though the latches are missing.

Parents: Know where your children are playing and keep reminding them of the danger of getting into discarded airtight cabinets.

Come to think of it, wouldn't this be an excellent summer project for 4-H Club groups? Visit appliance dealers in your neighborhood and stress the importance of removing lids and doors from refrigerators and freezers which they might discard. Make a call on your neighbors and tell them of the dangers.

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A Mouthful

One day at lunch, a six-year-old, was standing behind his mother's chair in the dining room, his cheeks terribly swollen as if he had the mumps. A visitor, fearing an epidemic, approached David's mother with the observation that the poor boy should be in bed before the other boys in the neighborhood caught the germs.

"It's all right," the mother soothed. "David is trying to learn how to eat squash, and he hasn't swallowed it yet."

•

Greener Pastures

A minister told his flock that he had a call to go to another church. One of the deacons asked him how much more he was offered. The minister answered, "Three hundred dollars."

"Well," commented the deacon, "I don't blame you for going but you should be more exact in your language, Parson. That isn't a call; that's a raise."

•

Learning Young

A man was telling his grandson the story of Cinderella. When he finished, the wide-eyed lad looked at him and asked, "When the pumpkin turns into a beautiful coach, is that figured as straight income or capital gain?"

"He's planning us an all-electric wedding anniversary—he's going to pay our light bill."

HaLE!

Insured

Overheard on the beach: "Mummy, may I go for a swim?"

"Certainly not, my dear, its far too deep."

"But daddy is swimming."

"Yes, dear but he's insured."

Teacher's Pet

The little boy was terribly spoiled and had rarely left his mother's side in all his five years. So his parents naturally were concerned when he was sent to school for the first time.

When he returned home, his mother asked plaintively, "Did you cry at school today?"

"No," the little brat replied, "but the teacher did."

•

Embarrassed Father

For the third straight time the little boy brought home a terrible report card. After reading it with a shudder, the lad's father signed it with an "X."

"Why did you do that?" the boy asked.

"I don't want the teacher to think that anyone with marks like that has a father who can read and write," replied the father.

•

Grateful Son

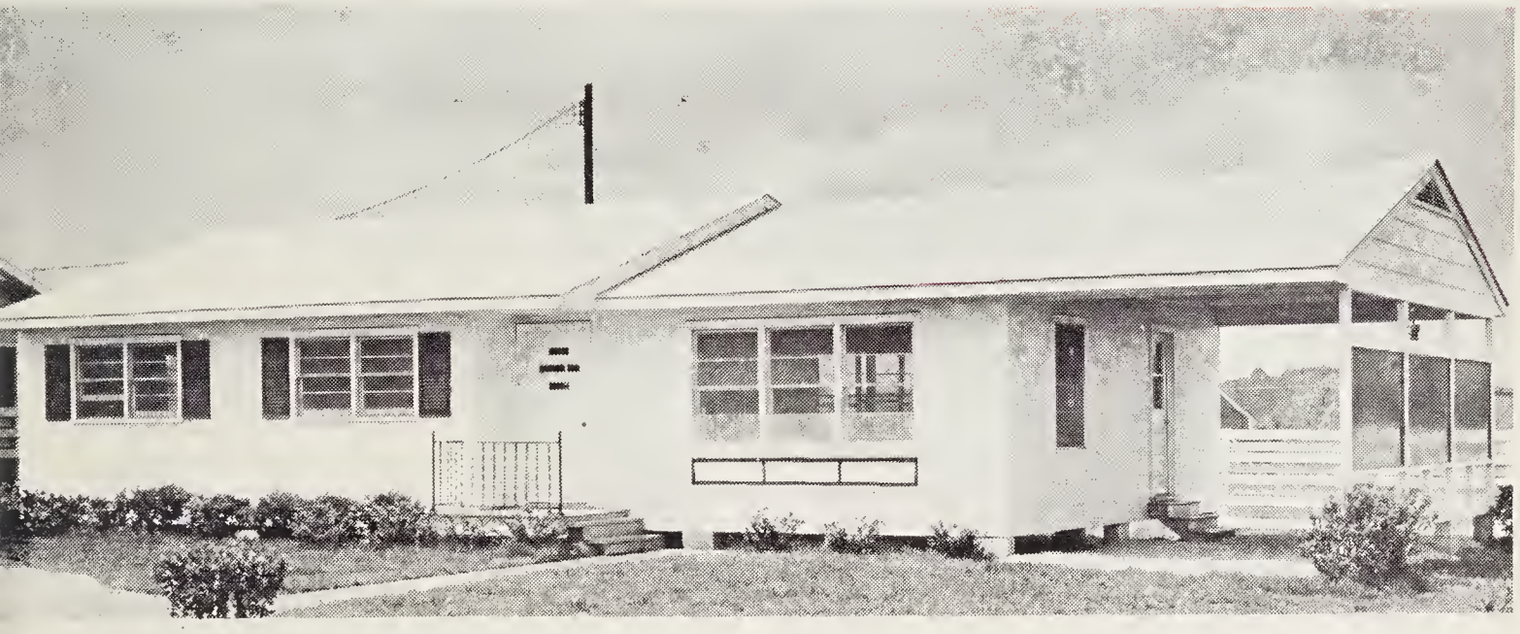
"My boy," said the successful man to his son, "when I was your age, I was carrying water for a gang of bricklayers."

"Gee, Dad, I'm proud of your pluck and perseverance," answered the lad. "Why, if it hadn't been for you, I might have had to do something of that sort myself."

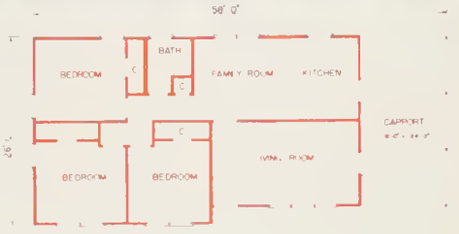
"You the lady called about her refrigerator?"

"I'd marry you in a minute, Marge, but I can't afford the payments on the milk equipment I sold you."

Stretch Your Home-Buying Dollars . . .



Choose THE HERITAGE



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- **Ice freezes extra-fast**
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TBF-15S • 14.7 Cu. Ft.

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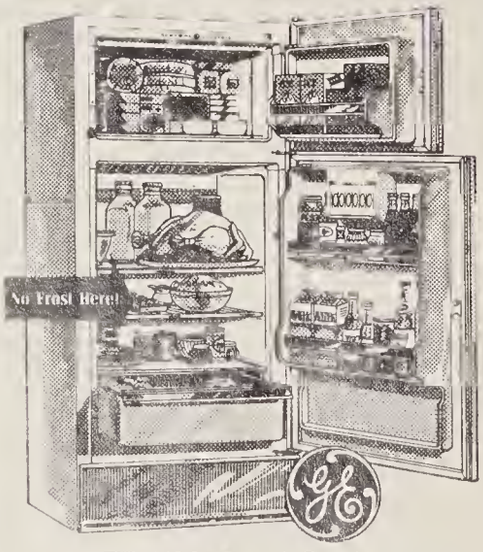

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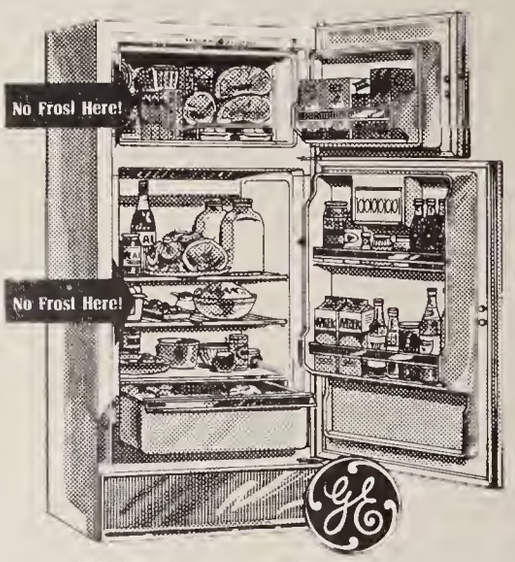

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